

Big Nursery – WC 03.02.25 & 10.02.25



Our rhyme of the week is:

Ten in a bed

There were ten in a bed
And the little one said, "Roll over, roll over!"
So they all rolled over and one fell out!

9

There were nine in a bed
And the little one said, "Roll over, roll over!"
So they all rolled over and one fell out!

8

(Repeat with 7,6,5,4,3,2,1,0)

What to do at home together:

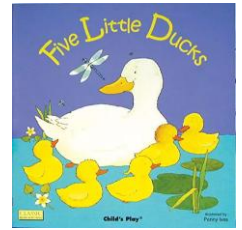
- Act out the nursery rhyme together using actions or toys.

Use toys or household items (e.g. toys falling off the sofa, or variety of spoons falling off the table) and sing the song with the items all falling one by one.

Click on the link below for the rhyme:

<https://www.youtube.com/watch?v=NZkPYzIKZNc>

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Our rhyme of the week is:

Five little ducks

FIVE little ducks went swimming one day
Over the hill and far away.
Mother duck said, "QUACK, QUACK, QUACK, QUACK!"
and only FOUR little ducks came back.

FOUR little ducks went swimming one day

...
and only THREE little ducks came back.

THREE

TWO

ONE little duck went swimming one day
Over the hill and far away.
Mother duck said, "QUACK, QUACK, QUACK, QUACK!"
and all FIVE little ducks came back!

What to do at home together:

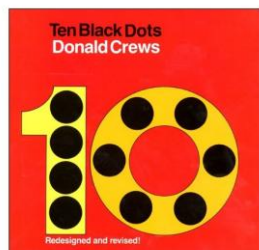
- Act out the nursery rhyme together using actions and fingers to count.
- Use counting opportunities such as count out spoonfuls of cereal, cars on the street, fruit types in the shop, climbing the stairs, etc...
- Help your child to count each object or action slowly.

Click on the link below for the rhyme:

<https://www.youtube.com/watch?v=kRQCiw2slfc>

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Our books of the fortnight are: Ten Black Dots by Donal Crews and Chinese New Year By various authors



10 Black Dots - This book helps children with their mathematical concept knowledge of number representation and ordering relating to everyday things.



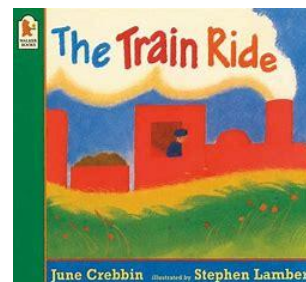
Chinese New Year - This book explores different celebrations, cultures and the history behind the story. It also presents animal names, emotions and ordinal numbers.

How to get the most out of reading to young children:

- Sit close together. You could encourage your child to hold the book themselves and turn the pages, too.
- Take a look at the pictures. You don't just have to read the words on the page. What might they tell us about the story before we read the words?
- Ask questions and talk about the book. What do they think will happen next? Why did a character act in a certain way? How are they feeling?
- Have fun! There's no right or wrong way to share a story - as long as you and your child are having fun. Don't be afraid to act out situations or use funny voices... your little ones will love it!

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Our books of the fortnight are: The Train Ride By June Crebbin and Chinese New Year By various authors



The children are continuing with The Train Ride book. It supports children's language development through repetition, rhyme and naming parts of the vehicle, and they are still very much enjoying it!



Chinese New Year - This book presents a different celebration and explores different cultures.

How to get the most out of reading to young children:

- Be expressive! How can we expect children to be engaged in a story if the adult reading it isn't.
- Picture books can be a great way to talk through your child's fears and worries, or to help them deal with their emotions.
- Give them space to talk, and ask how they feel about the situations in the story.
- Use props and toys to act out the story, either whilst you are reading it, or together afterwards.

Our Makaton signs of the fortnight are:

toilet

Tip of middle finger
makes contact with
body and makes
small discreet
movement.

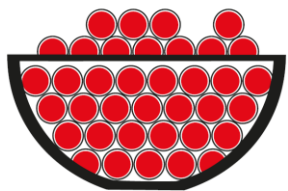


More
(flat hand, palm
down, covers top
of other fist)

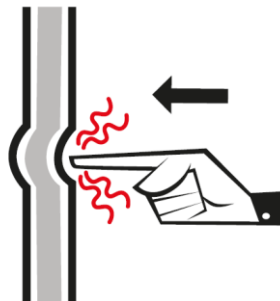


(Always remember to say the word as you sign)

Our Concept Cat signs of the fortnight are:



Most



Soft

Our Right of the fortnight is:



Article 29

Article 29 of the UNCRC says that every child has the right an education that their own and other encourages the child's respect for human rights, as well as respect for their parents, cultures, and the environment.

We will be exploring children's right to an education that encourages them to explore human rights, respecting all cultures and the environment.

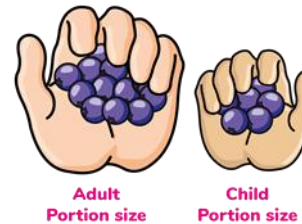
The children will explore the celebration of Lunar New Year, through looking at artifacts, looking at the art of Chinese writing, food, their core text and understanding why the celebration takes place.



What's a 'portion' of fruit or vegetables?

For children, the portion size depends on their size and age.

A portion is roughly what fits in the palm of their hand.



Lots more early years activities, information and recipes can be found on the Startwell website:
<https://startwellbirmingham.co.uk/>

Even babies, once weaned, can eat their 5 a day. Start with 5 tastes, increasing the portion size as their meals get bigger.

For adults a portion is roughly 80g. 5 portions a day means 5 portions of fruit and vegetables combined, not 5 portions of fruit and 5 portions of vegetables.